



PERIODONTAL RISK ASSESSMENT QUESTIONNAIRE

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Name: _____ Date: _____

Do you now or have you ever used:

Amounts per day

- Cigarette _____
- Cigar _____
- Pipe _____
- Chewing _____



Tobacco Use

Tobacco use is the most significant risk factor for gum disease.

Blood Sugar



Diabetes

Gum disease is a common complication of diabetes. Untreated gum disease makes it harder for patients with diabetes to control their blood sugar.

IF YOU ARE A PATIENT WHO HAS DIABETES:

- Is your diabetes under control? Yes No
- Are you prone to diabetic complications? Yes No
- How do you monitor your blood sugar? _____
- Who is your physician for diabetes? _____

IF YOU ARE NOT A PATIENT WHO HAS DIABETES:

- Any family history of diabetes? Yes No
- Have you had any of these warning signs of diabetes?
 - Frequent urination Excessive thirst
 - Excessive hunger Weakness and fatigue
 - Slow healing of cuts Unexplained weight loss



Heart Attack/Stroke

Untreated gum disease may increase your risk for heart attack or stroke.

Do you have any risk factors for heart disease or stroke?

- Family history of heart disease Obesity
- High Cholesterol High blood pressure

If you have any of these risk factors it is especially important for you to always keep your gums healthy.

Medications

A side effect of some medications can cause changes in your gums.



Are you taking or have you ever taken any of the following medication:

- Antiseizure medications. (such as Dilantin, Tegretol, Phenobarbital, etc.)
 Yes No
- Calcium Channel Blocker blood pressure medication. (such as Procardia, Cardizem, Norvasc, Verapamil, etc.)
Other: _____
- Immunosuppressant therapy (such as Prednisone, Azathioprine, Cyclosporins, Corticosteroids [asthma-inhalers], etc.)
Other: _____

Family History/

Genetics

The tendency for gum disease to develop can be inherited.



Is there an immediate family member(s) who currently has or had gum problems in the past? (e.g. your mother, father, or siblings):

- Yes No

PLEASE COMPLETE OTHER SIDE



Heart Murmur, Artificial Joint Prosthesis

If you have even the slightest amount of gum inflammation, bacteria from the mouth can enter the bloodstream and may cause a serious infection of the heart or joints.



Do you have a heart murmur or artificial joint?

- Yes No

If so, does your physician recommend antibiotics prior to dental visits?

- Yes No

Name of physician? _____

If you answered yes, it is especially important to always keep your gums as healthy and inflammation-free as possible to reduce the chance of bacterial infection originating from the mouth.



Females

Females can be at increased risk for gum disease at different points of their lives.

The following can adversely affect your gums. Please check all that apply:

- Pregnant
- Nursing
- Menopause
- Taking birth control pills
- Infrequent care during previous pregnancies

Women Women with osteoporosis have a great risk for periodontal bone loss.



Females:

Do you take any of the following:

- Estrogen replacement therapy/hormone replace therapy (such as Prempro, Premarin, Premphase, Fosamax, Actonel, Evista, Forteo, etc.)

Other: _____



Stress

High levels of stress can reduce your body's immune defense.

Are you under a lot of stress?

- Yes No

Nutrition

Your diet has the potential to affect your periodontal health.



Do you find it difficult to maintain a well-balanced diet?

- Yes No

Have you noticed any of the following signs of gum disease?

- Bleeding gums during toothbrushing
- Red, swollen or tender gums
- Gums that have pulled away from the teeth
- Persistent bad breath
- Pus between the teeth and gums
- Loose or separating teeth
- Food catching between teeth
- Change in the way your teeth fit together

Is it important to keep your teeth for as long as possible?

- Yes Not really

If you have missing teeth, why have you not had them replaced? _____

***We care about your health.
Our goal is to protect your periodontal health.***